

BIKE ROUTE MAP



(A pocket-sized guide for biking in Norman,Oklahoma) 2013 Edition

FEATURING:

- * UPDATED ROUTES
- * MORE BIKE LANES
- SAFETY INFORMATION
- * HELPFUL LOCAL LINKS



Approved by the Norman Bicycle Advisory Committee www.bikenorman.org



<u>IF YOU CHOOSE TO RIDE A BIKE (AND WE HOPE YOU DO)</u> **ALWAYS REMEMBER THESE THINGS:**

Rules of the Road

Be Predictable—Act Like a Vehicle

Drive your bicycle in a smooth and predictable manner. Look ahead to allow time to calmly avoid obstacles. Communicate your intentions and signal before changing lanes or direction. Avoid abrupt maneuvers whenever possible. Anticipate not only your actions, but the actions of others.



Obev All Traffic Laws

Bicycles have the same duties and responsibilities as vehicles and must obey all traffic laws, including stop signs and traffic signals. It can be tempting to ignore traffic rules, but this is when most crashes occur.

Ride with Traffic

Always ride on the right side of the road. Do not pass motorists on the right. If you approach an intersection with a right turn lane and intend to continue straight, ride in the through lane with traffic



Signal All Turns Look back before you make a lane change or turn. Signal safely in advance using one of these signals. □ LEFT RIGHT or RIGHT □

Making Left Hand Turns

You may turn left as a vehicle by moving into the left side of the travel lane (or left turn lane) OR Cross like a pedestrian by stopping, dismounting and walking across the crosswalk.





Always Ride with Lights at Night State Law requires a white headlight visible from at least 500 feet and a rear red reflector or light visible from 300 feet when riding at night. Flashing tail lights and/or reflective clothing are recommended. See and be seen!

Be Prepared for Weather Conditions

If it's raining, allow yourself extra distance to stop. If it's clear use ample sunscreen and drink extra water.

- · Anticipate Hills by shifting in advance.
- . Only Pass on the LEFT of other cyclists. Call out a friendly greeting to warn them.
- Create Gaps in the line to allow space for passing cyclists or cars to advance.
- Think for Yourself Fight Mob Mentality When riding in a large group, the "strength in numbers can be intoxicating—remember that individual thinking and action is essential for everyone's safety.

ABOUT THE NORMAN BIKE MAP:

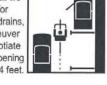
Bicycle facility planning is commonly thought of as an effort undertaken to only develop a separate bikeway system composed completely of recreational bicycle paths. Most of Norman's bike plan, however, is made of shared-road, on-street bike routes that act as more of a transportation plan to help everyday commuting. Wherever possible, bicycle paths and lanes augment this system. Clearly, bicycle transportation planning is an effort that should consider many alternatives to provide for safe and efficient bicycle travel.

Riding with Others

Communicate with Other Cyclists

Let other cyclists behind you know when you approach hazards. Inform cyclists in front when you are drafting. Call out with a friendly greeting when you are passing. Do not shout "All Clear" at stop signs as each cyclist must take personal responsibility and obey traffic laws.

Watch for Potential Hazards Scan the road 100 feet ahead for hazards such as debris tracks drains or potholes. Allow time to maneuver around these hazards and negotiate with traffic. Avoid riding into an opening car door by giving yourself 3 or 4 feet



Warn Others When Approaching Bicyclists must yield to pedestrians. Be courteous by warning others with a ring of your bell or a friendly greeting. Allow plenty of space when passing.

Signal Before Stopping When you are preparing to slow or stop, indicate your intentions to others using hand and verbal





Pull Off Road When Stopped If you need to stop for any reason, pull completely off the road to avoid obstructing other bicyclists and other

Other Important Tips

Watch for Animals

Animals are often excited by the movement of bicycles. Unleashed dogs can be dangerous. Simply stopping may halt their chase. A forceful "Stay!" or "NO!" also works well. Place the bike between you and the dog if needed.





Use Care at Rail Crossings Always cross train tracks at right angles and avoid drain grates to prevent your front wheel getting pulled down. Report any such grates to the City (366-5396).

Don't Swerve Between Parked Cars

Drive your bike in a predictable manner by riding in a straight line. Act like any other vehicle.





Make Eye Contact

The best way to communicate your intentions with other drivers is to get their attention with eve contact.

FOR INFORMATION ABOUT BIKES ON COMMUTER BUSES, GO TO:

Cleveland Area Rapid Transit (CART) Website:www.cart.ou.edu/bikenbus.html Or call: 325-CART (2278)

MAYBE YOU HAVE NOTICED A FEW THINGS ABOUT THE BIKE ROUTES IN NORMAN, SUCH AS:

Most of the routes in Norman are "shared-road" routes. These routes are broken down into either Advanced or Basic Routes. Only a few separate Bike Paths exist. Bike lanes are always the safest choice on any route.



Advanced Rider Routes are on streets with high volumes of auto traffic; and these are for those who are experienced riders who are comfortable in most any traffic condition.

Basic Routes are on streets with low to moderate traffic and lower speeds; and these are for more casual or younger riders who are less confident in traffic without special provisions for bicycles.

Bike Paths are also used in some areas. These are separated from the road and may be shared with pedestrians. These are good for all riders, but are particularly good for young riders whose riding is still monitored by parents. Bike Lanes are striped lanes on streets accompanied by signs and lane markings that are designated solely for use by bicycles. No parking is allowed in bike lanes at any time. Lanes on arterial roads are being added in 2013-15. **Note:** In almost all cases, bicyclists are most safe when riding with automobiles in the street. Drivers are already looking for vehicles in regular traffic lanes, be it cars or bikes; and you are more likely to be seen in the street than on a sidewalk. Cyclists should always use bike lanes, where available.

In general, bicyclists have the same rights and duties as drivers of motor vehicles. Show that you know:

RICYCLE RASICS:

- * Bicyclists must obey all traffic controls, including stop signs and traffic lights. Always ride with traffic. Riding against traffic is extremely dangerous.
- Bicyclists should signal all turns using standard hand signals. They are easy to learn, if you don't know.
- * Bicyclists are required to use a front (white) light and rear (red) light or reflector during any low visibility conditions, including dusk and night time rides.
- * Riders should ride as close as practicable to the righthand curb or edge of the roadway.
- Persons riding bicycles on roadways shall not ride more than two (2) abreast except on paths or parts of roadways set aside for the exclusive use of bicycles. If riding two abreast impedes traffic, they should ride single-file.
- * When passing bicyclists, motor vehicles are required to maintain a distance of three (3) feet from the bicyclist (that's the law).
- * Bicyclists <u>are</u> allowed to ride on Norman sidewalks, except where otherwise posted (e.g. Campus Corner), but should use extreme caution with respect to pedestrian traffic and cars entering/exiting driveways.
- * A person riding a bicycle across a roadway and within a crosswalk is required to walk the bicycle as a pedestrian and they have all the rights and duties applicable to a pedestrian under the same circumstances.
- * All riders are encouraged to wear an ANSI- or SNELL Institute-approved bicycle safety helmet. Helmets are required for children under the age of 18.
- Seat belts and approved safety helmets are required for children under the age of six (6) when riding in bicycle carriers and trailers.
- It is illegal for bicyclists to hold onto moving vehicles. It also isn't smart. Don't do it.
- Bicycles should be parked at a bike rack. If no racks are available, bicycles should always be parked in such a manner so as to afford the least obstruction to pedestrian traffic. Avoid locking bicycles to trees to prevent tree damage.

FOR MORE INFORMATION, CONTACT:

Norman Bicycle Advisory Committee: www.bikenorman.org Bicycle League of Norman: www.bicycleleague.com League of American Bicyclists: www.bikeleague.org

City of Norman Action Line: **366-5396**

Norman Police Department: **321-1600** (Non-Emergency)

TO REPORT HAZARDS OR FOR HELP, CALL:

For all Emergencies; dial **911**

