

A PROCLAMATION OF THE MAYOR OF THE CITY OF NORMAN, OKLAHOMA, PROCLAIMING THE MONTH OF SEPTEMBER, 2014, AS NATIONAL RECOVERY MONTH IN THE CITY OF NORMAN.

- § 1. WHEREAS, behavioral health is an essential part of health and one's overall wellness and preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally; and
- § 2. WHEREAS, we must encourage relatives and friends of people with mental and/or substance use disorders to implement preventive measures, recognize the signs of a problem, and guide those in need to appropriate treatment and recovery support services; and
- § 3. WHEREAS, preventing and overcoming mental and/or substance use disorders is essential to achieving healthy lifestyles, both physically and emotionally and the City of Norman has several organizations, agencies, and businesses that work together with those recovering from mental and substance abuse; and
- § 4. WHEREAS, the Transition House provides transitional housing, recovery-focused skills development, supportive care, and advocacy in order to empower wellness and hope to persons with mental illness; and
- § 5. WHEREAS, Norman Alcohol Addiction Information Center (NAIC) provides help and inspires hope for individuals, families, and communities through the prevention and treatment of addiction and mental illness; and
- § 6. WHEREAS, Thunderbird Clubhouse works to create a new future for adults recovering from mental illness through the positive power of meaningful work, community, choice and hopes; and
- § 7. WHEREAS, Thousands of Oklahomans suffer from depression, dependence issues and a host of other behavioral concerns and Norman Regional Health Systems has provided multi-disciplinary, confidential care for more than 29 years to those who need it.

NOW, THEREFORE, I, MAYOR OF THE CITY OF NORMAN, OKLAHOMA:

- § 8. Do hereby proclaim the month of September, 2014, as National Recovery Month in the City of Norman, Oklahoma.

PASSED AND APPROVED this 9th day of September, 2014.

Mayor

ATTEST:

City Clerk

