SOCIAL AND VOLUNTARY SERVICES COMMISSION FUNDING REQUEST

Legal Name of Agency: Food for Thought Learning Institute.

Mailing Address:	PO BOX 159, Norman, Ok	<u> 73070</u>					
Application completed by: Matt Joplin, Director							
Telephone Number:	(405) 323-1892						
Email Address:	Joplin@FFTLI.org						
Amount of Funding Request: \$4,202							
In what year was your Age	ency incorporated: 2010	<u>)</u>					
Are you associated with a national organization: No							
Number of volunteers: 17							
How many hours do volun	teers donate:	<u>2,652</u>					
How much money do volu	nteers save the agency:	<u>\$19,890</u>					
Has your Agency applied f	for SVSC funds before:	Yes					
Year 2010 Amount \$40	0.000 Purpose General	Operating/StartUp					
Year 2012 Amount \$7.	289 Purpose Program	<u>18</u>					
Year Amount	Purpose						
Year Amount	Purpose	· · · · · · · · · · · · · · · · · · ·					
Year Amount	Purpose						

Financial Information from the last fiscal year:

Percent of the budget which is spent on fund-raising: 3%
Percent of your budget spent on programs: 84%
Percent of your budget spent on administrative expenses: 13%

Percentage of Organizational funding:

Religious Organizations	<u>0%</u>
Civic Clubs	<u>0%</u>
Corporate Donors	<u>0%</u>
Endowment/Interest Income	<u>0%</u>
Fees for services/products	<u>21%</u>
Government Grants	<u>24%</u>
Government Contracts	<u>0%</u>
Individual Donors	<u>19%</u>
Private Foundations	<u>4%</u>
Special Events (based on net earnings)	<u>32%</u>
United Way	<u>0%</u>
Other	<u>0%</u>

Overall Mission of Agency

Please provide a one page narrative in 10 or 12 point type describing the mission of your agency. List the client population (income, age, geographic location – percentage of City of Norman residents) and describe all programs and services offered currently by your agency. Include any duplication of services in our area and the percentage increase or decrease projected in staff numbers over previous year.



Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary EIN 80-0609567

SVSC 2014 Funding Request Mission Food for Thought Learning Institute

Food For Thought Learning Institute is a 501 (c) 3 non-profit organization based in Norman, Oklahoma. Our mission is to teach vulnerable members of our community basic kitchen safety, food preparation and nutritional skills needed to over come the cycle of hunger and poverty in our state.

The need is very great. According to current State Department of Education statistics 42% of Norman Public Schools students qualify for the Free and Reduced Lunch program. Further, a recent study by the Annie E. Casey Foundation found that in Cleveland County alone, out of more than 53,000 residents under the age of 18, 7,190 (13.7%) experience some form of food insecurity.

Fortunately, here in Norman, hungry Oklahomans have access to several terrific feeding programs and pantries, including, our partnering agency, Food and Shelter, Inc. The mission of these pantries and feeding sites is to provide groceries or immediate meals to those in need. They do this very well, however, at this time there are no programs to teach them how to effectively, safely, and deliciously utilize the food and groceries, to which they may already have access.

Food for Thought is unique because we are the only organization whose sole mission is to provide hands-on cooking classes to all ages and all skill levels of vulnerable people in Norman, Oklahoma.

We have seen that with a little training, and encouragement, even the youngest among us can develop the skills and ability required to break the cycle of hunger and poverty in their homes. Too often, it is a child left at home to cook for brothers and sisters while parents are working, or otherwise absent. Hunger is not only a by-product of a lack of food, but also a direct result of a lack of control.

It is here that Food for Thought is making a difference. Our entire mission is centered towards teaching others how to prepare food. And more accurately, the food they already have access to through our many partner agencies.

The skills we teach last a lifetime. We also teach effective shopping techniques so that they may manage a family menu on a restricted budget.

Currently in our fourth year of operation, Food for Thought has partnered with a dozen organizations in the Oklahoma City and Norman area. These include The YMCA of Greater OKC, Bridges of Norman, the City of Norman, the Center for Children and Families Neighborhood Centers, Oklahoma County Health Dept., Pioneer Library System, and now, proudly, the United Way of Norman. Through these organizations, Food for Thought has taught more than 150 classes and almost 1,700 students of all ages the kitchen skills they will use the rest of their lives.

When we began Food for Thought, we knew the need for our program would be great, but we have already far surpassed our initial goals and expectations. In the past year alone, we had a 349% increase in students reached. With additional funding for our programs, we will be able to reach even more needy families and deliver our program to a greater portion of Norman's hungry population. And meet the need of our anticipated 75% increase in staff.

As much work as we have done since we began, we know that there is still much need, and many more people we can reach.





Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

EIN 80-0609567

SVSC 2014 Funding Request Programs Food for Thought Learning Institute

Food for Thought Learning Institute is requesting \$4,202 to fund one year of services with the following partnering agencies: Baby Steps of Norman, Head Start of Norman and the continuation of our partnerships with the Bridges Program, Willows Apartments and Thunderbird Clubhouse.

The service we provide is not being duplicated in Norman or Oklahoma City.

So far this year, we have taught 35 classes with 7 partnering organizations to more than 700 students, ages 6 to 60. Food for Thought has a history of proven and measurable outcomes with each of these organizations. Through our work with Bridges and the Planet Reeves and the Pioneer Library System, for example, more than 150 youth and adults have learned hands-on cooking and nutrition skills that will have a positive effect on the rest of their lives. Our classes have immediate benefits and positive outcomes for our clients.

In the past, we have asked these agencies to cover the cost of groceries and equipment for our classes (while Food for Thought's instructors have gone uncompensated for their time). This model is not sustainable. In tough economic times our partnering organizations do not have the budget for auxiliary programs. For these reasons it is appropriate and beneficial for the City of Norman to fund the following specific programs so that we may continue our mission.

In order to continue our successful service to the community, we are asking the following funding:

Baby Steps Early Head Start: 6 Classes

Cooking and nutritional information for High school aged mothers who are finishing their education and need instruction on cooking for themselves and their babies.

Amount Requested: \$1000

Bridges: 4 Classes

Hands-on cooking classes and instruction for emancipated high school students centered towards their busy lives, and to build life skills and greater independence for their lives after graduation.

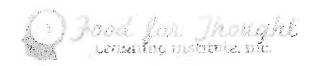
Amount requested: \$840

Planet Reaves: 24 classes

Provide fun (and healthy!) summer snack alternatives to campers age 6 to 12 at the City of Norman's most affordably priced summer camp. We introduce the youngest among us to life-long ideas of better nutrition and fun food concepts. By far the largest, and absolutely, the most rewarding class we teach.

Amount requested: \$2362





Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

SVSC 2014 Funding Request Financial Information Food for Thought Learning Institute EIN 80-0609567

Food for Thought utilizes internal financial evaluation procedures, control processes and performance review procedure by direct board oversight and an outside, volunteer accountant who has served with us for more than a year. Through our accountant, Food for Thought conducts an annual internal year-end fiscal review. Though we are still a small organization, Food for Thought is proud to say that we have experienced a 71% increase in our budget in the last fiscal year.

Food for Thought Learning Institute is a 501 (c) 3 organization whose assets, annual budget and annual income is below \$100,000.

FFTLI is attaching a financial statement signed by our CFO.



FOOD FOR THOUGHT LEARNING INSTITUTE, NON PROFIT INC INCOME STATEMENT

FOR CALENDAR YEAR 2012

	تا يار سر بير سيد	
- meet in		مو عداد
Grants		p.
Fundraising	\$6,250.00	
Program Service	\$3,826.00	
	1	\$18,704.00
	THE STATE OF THE S	
Admin	\$1,180.00	
Fundraising	\$280.00	
Programs	\$7,673.00	_
		\$9,133.00
		\$9,571.00
	Program Service Admin Fundraising	Grants \$5,150.00 Fundraising \$6,250.00 Program Service \$3,826.00 Admin \$1,180.00 Fundraising \$280.00

Matthew Joblin,

Chief Financial Officer Food for Thought

Data



Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

SVSC 2014 Funding Request 2012 Summary Budget. Food for Thought Learning Institute EIN 80-0609567

Summary Budget for 2012

Expenditures		Income	
Food Cleaning Supplies Food Storage and packaging Fundraising Insurance Additional Administrative Costs	\$ 4661 \$ 1560 \$ 1452 \$ 280 \$ 780 \$ 400	Fees and services Fundraising Grants Individual Contributions	\$ 3826 \$ 6250 \$ 5150 \$ 3478
Total	<u>\$9133</u>	Total	<u>\$18704</u>

EXPENSES

Food - This is the amount spent on food for a year's worth of lessons.

Cleaning Supplies – This includes all necessary supplies to sanitize and clean the cooking and serving equipment as well as all necessary kitchen cleaners.

Food Storage and Packaging – FTLI purchases food storage supplies for clients to take food from the lessons with them.

Insurance - FTLI purchased an insurance policy for transportation and facilities.

Fundraising - This expense includes costs associated with holding fundraisers for FTLI.

Additional Admin. Costs - This number includes telephone, travel and meeting expenses.

INCOME

Fees and Services – FFTLI requested our partnering agencies to reimburse us for food and supplies. **Fundraising** – As a small organization, our fundraising efforts were modest. We have been successful in getting most goods and services donated. Therefore our total fundraising cost was only \$280

Grants - Food for Thought Learning Institute was a proud recipient of a Norman SVSC grant for \$4,500 and a Norman Communities Foundation grant for \$650.

Individual Contributions – We are grateful to our donors and their continued support of Food for Thought.



Food for Thought Learning Institute, Inc. 2013 BUDGET

QUARTER			31-Mar		30-Jun		30-Sep		31-Dec
INCOME							· · · · ·		
Fees & Services					-				
	CCFI		(A)		142.00		-		41
	Norman Public Library				124.00		_		=
	Aldersgate House - Second Helpings		175.00		175.00		175.00		175.00
	Bridges		75.00		75.00		75.00		75.00
	The Willows		555		35				==
	Planet Reaves		-		480.00		480.00		-
	Baby Steps				1,000.00				
	Greater OKC YMCA	_		_		_		_	5,000.00
		\$	250.00	\$	1,996.00	\$	730.00	\$	5,250.00
Grants			650.00		-		4,500.00		-
Donations			500.00	_	500.00	_	500.00		6,500.00
		\$	1,400.00	\$	2,496.00	\$	5,730.00	\$	11,750.00
XPENSES									
Operations									
	Phone		(50.00)		(50.00)		(50.00)		(50.00
	Web Design		(75.00)		(75.00)		(75.00)		(75.00
	Office Supplies		(20.00)		(20.00)		(20.00)		(20.00
	Office Equipment		(200.00)		=		-		
	Legal		-		-		# 3		(150.00)
	Media/Advertising		(50.00)		(50.00)		(50.00)		(50.00
	Volunteer Appreciation		(50.00)		(50.00)		(50.00)		(50.00
	Board Meetings		(50.00)		(50.00)		(50.00)		(50.00
	Insurance			_	76	_	-	_	(700.00)
Programs		\$	(495.00)	Ş	(295.00)	Ş	(295.00)	\$	(1,145.00)
J	Food		(370.00)		(2,834.00)		(1,420.00)		(3,180.00)
	Kitchen Supplies		(710.00)		(790.00)		(760.00)		(2,500.00)
	Kitchen Equipment		(1,500.00)		<u> </u>		(,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		(1,500.00)
	Instructor Fees		(400.00)		(400.00)		(400.00)		(1,890.00)
		\$	(2,980.00)	\$	(4,024.00)	\$	(2,580.00)	\$	(9,070.00)
Fundraising									(610.00)
		<u> </u>	(2.475.00)	*	(4.310.00)	-	(2.035.00)	_	(610.00)
		\$	(3,475.00)	<u>\$</u> _	(4,319.00)	\$	(2,875.00)	\$	(10,825.00)
et Increase/Decrease			(2,075.00)		(1,823.00)		2,855.00		925.00
eginning Balance		_	9,571.00	_	7,496.00		5,673.00		8,528.00
NDING BALANCE		\$	7,496.00	\$	5,673.00	\$	8,528.00	\$	9,453.00

INTERNAL REVENUE SERVICE P. O. BOX 2508 CINCINNATI. OH 45201

Date: JAN 18 2011

FOOD FOR THOUGHT LEARNING INSTITUTE 902 E SYMMES ST NORMAN, OK 73071 Employer Identification Number: 80-0609567 DLN: 17053293308030 Contact Person: SHEENA L BREWER ID# 31270 Contact Telephone Number: (877) 829-5500 Accounting Period Ending: December 31 Public Charity Status: 170(b)(1)(A)(vi) Form 990 Required: Effective Date of Exemption: June 17, 2010 Contribution Deductibility: Addendum Applies:

Dear Applicant:

We are pleased to inform you that upon review of your application for tax exempt status we have determined that you are exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code. Contributions to you are deductible under section 170 of the Code. You are also qualified to receive tax deductible bequests, devises, transfers or gifts under section 2055, 2106 or 2522 of the Code. Because this letter could help resolve any questions regarding your exempt status, you should keep it in your permanent records.

No

Organizations exempt under section 501(c)(3) of the Code are further classified as either public charities or private foundations. We determined that you are a public charity under the Code section(s) listed in the heading of this letter.

Please see enclosed Publication 4221-PC. Compliance Guide for 501(c)(3) Public Charities, for some helpful information about your responsibilities as an exempt organization.



Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

SVSC 2014 Funding Request Current Board Members Food for Thought Learning Institute EIN 80-0609567

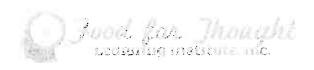
Matthew Joplin, Executive Director 902. E. Symmes, Norman, Ok 73071 Chef, O Asian Fusion

Karen Sonntag, Associate Director PO Box 6237 Norman, Ok 73070 Baker, Small Business Owner

Amy Radford, Secretary 423 Page Circle, Norman, OK 73069 Food Service Director/ Chef, Food and Shelter, Inc.

JoAnna Wall, Treasurer 6400 W. Rock Creek Rd., Norman, Ok 73072 Adjunct Professor, University of Oklahoma.





Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

SVSC 2014 Funding Request Current Staff Members Food for Thought Learning Institute

Annette Barnhill, Accountant.

EIN 80-0609567

Matthew Joplin, CFO, Head Instructional Chef, and Director of Community Outreach.

Karen Sonntag, Co-instructional Chef, Director of Development, and Volunteers Coordinator.

Amy Radford, Co-instructional Chef, Director of Curriculum and Nutritional Standards.



Financial Information from the last fiscal year:

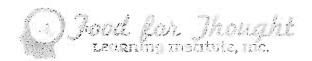
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EIN 80-0609567

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Grants	\$5,150.00	
Fundraising	\$6,250.00	
Program Service	\$3,826.00	
		\$18,704.00
Admin	\$1,180.00	
Fundraising	\$280.00	
Programs	\$7,673.00	
		\$9,133.00
		<u>\$9,571.00</u>
	Grants Fundraising Program Service Admin Fundraising	Grants \$5,150.00 Fundraising \$6,250.00 Program Service \$3,826.00 Admin \$1,180.00 Fundraising \$280.00

Matthew Joplin,

Chief Financial Officer Food for Thought

Date



Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

SVSC 2014 Funding Request 2012 Summary Budget. Food for Thought Learning Institute EIN 80-0609567

Summary Budget for 2012

Expenditures		Income	
Food Cleaning Supplies	\$ 4661 \$ 1560	Fees and se rv ices Fundraising	\$ 3826 \$ 6250
Food Storage and packaging Fundraising	\$ 1452 \$ 280	Grants Individual	\$ 5150
Insurance Additional Administrative Costs	\$ 780 \$ 400	Contributions	<u>\$ 3478</u>
Total	<u>\$9133</u>	Total	<u>\$18704</u>

EXPENSES

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Food for Thought Learning Institute, Inc. 2013 BUDGET

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INCOME									
Fees & Services									
	CCFI		(9)		142.00		**		
	Norman Public Library		5.4.7		124.00		÷2		3.00
	Aldersgate House - Second Helpings		175.00		175.00		175.00		175.00
	Bridges		75.00		75.00		75.00		75.00
	The Willows		· -		-		3 3		
	Planet Reaves		-		480.00		480.00		-
	Baby Steps				1,000.00				
	Greater OKC YMCA	-		_		_		_	5,000.00
		\$	250.00	\$	1,996.00	\$	730.00	\$	5,250.00
Grants			650.00		-		4,500.00		200
Donations			500.00		500.00		500.00		6,500.00
		\$	1,400.00	\$	2,496.00	\$	5,730.00	\$	11,750.00
EXPENSES					-				
Operations									
	Phone		(50.00)		(50.00)		(50.00)		(50.00)
	Web Design		(75.00)		(75.00)		(75.00)		(75.00)
	Office Supplies		(20.00)		(20.00)		(20.00)		(20.00)
	Office Equipment		(200.00)		33		_		020
	Legal		-		12		20		(150.00)
	Media/Advertising		(50.00)		(50.00)		(50.00)		(50.00)
	Volunteer Appreciation		(50.00)		(50.00)		(50.00)		(50.00)
	Board Meetings		(50.00)		(50.00)		(50.00)		(50.00)
	Insurance		-						(700.00)
		\$	(495.00)	\$	(295.00)	\$	(295.00)	\$	(1,145.00)
Programs									
	Food		(370.00)		(2,834.00)		(1,420.00)		(3,180.00)
	Kitchen Supplies	Fi	(710.00)		(790.00)		(760.00)		(2,500.00)
	Kitchen Equipment		(1,500.00)		3		-		(1,500.00)
	Instructor Fees		(400.00)		(400.00)	_	(400.00)	_	(1,890.00)
		\$	(2,980.00)	\$	(4,024.00)	\$	(2,580.00)	\$	(9,070.00)
Fundraising					_				(610.00)
		\$	(3,475.00)	\$	(4,319.00)	\$	(2,875.00)	\$	_(10,825.00)
Net Increase/Decrease			(2,075.00)		(1,823.00)		2,855.00		925.00
Beginning Balance			9,571.00		7,496.00		5,673.00		8,528.00
ENDING BALANCE		- d:	7,496.00	¢	5,673.00	4	8,528.00	4	9,453.00
FIADING DALANCE		3	7,430.00	7	3,073.00	1	0,320.00	<u>₽</u>	3,433.00

INTERNAL REVENUE SERVICE P. O. BOX 2508 CINCINNATI. OH 45201

Date: JAN 18 200

FOOD FOR THOUGHT LEARNING INSTITUTE 902 E SYMMES ST NORMAN, OK 73071 Employer Identification Number: 80-0609567 DLN: 17053293308030 Contact Person: SHEENA L BREWER ID# 31270 Contact Telephone Number: (877) 829-5500 Accounting Period Ending: December 31 Public Charity Status: 170(b)(1)(A)(vi) Form 990 Required: Yes Effective Date of Exemption: June 17, 2010 Contribution Deductibility: Yes Addendum Applies: No

Dear Applicant:

We are pleased to inform you that upon review of your application for tax exempt status we have determined that you are exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code. Contributions to you are deductible under section 170 of the Code. You are also qualified to receive tax deductible bequests, devises, transfers or gifts under section 2055, 2106 or 2522 of the Code. Because this letter could help resolve any questions regarding your exempt status, you should keep it in your permanent records.

Organizations exempt under section 501(c)(3) of the Code are further classified as either public charities or private foundations. We determined that you are a public charity under the Code section(s) listed in the heading of this letter.

Please see enclosed Publication 4221-PC, Compliance Guide for 501(c)(3) Public Charities, for some helpful information about your responsibilities as an exempt organization.



Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

SVSC 2014 Funding Request Current Board Members Food for Thought Learning Institute

EIN 80-0609567

Matthew Joplin, Executive Director 902. E. Symmes, Norman, Ok 73071 Chef, O Asian Fusion

Karen Sonntag, Associate Director PO Box 6237 Norman, Ok 73070 Baker, Small Business Owner

Amy Radford, Secretary
423 Page Circle, Norman, OK 73069
Food Service Director/ Chef, Food and Shelter, Inc.

JoAnna Wall, Treasurer 6400 W. Rock Creek Rd., Norman, Ok 73072 Adjunct Professor, University of Oklahoma.





Matthew Joplin, Director Karen Sonntag, Associate Director JoAnna Wall, Treasurer Amy Radford, Secretary

SVSC 2014 Funding Request Current Staff Members Food for Thought Learning Institute EIN 80-0609567

Matthew Joplin, CFO, Head Instructional Chef, and Director of Community Outreach.

Karen Sonntag, Co-instructional Chef, Director of Development, and Volunteers Coordinator.

Amy Radford, Co-instructional Chef, Director of Curriculum and Nutritional Standards.

Annette Barnhill, Accountant.



Appendix A

Program	# classes	# students/class	# total students	food cost/student	labor cost/student	total/student	extras	total program cost
Bridges	4	20	80	\$4.50	\$6	\$10.50	\$0.00	\$840
Baby Steps	6	15	90	\$4.11	\$7	\$11.11	-	\$1,000
Planet Reeves Camp	24	40	960	\$2.46	\$0	\$2.46	\$0	\$2,362

Grand Total \$4,202